

Annual European Vipassana Course for Executives

Every year in June the European Vipassana Course for Executives is held at the European Vipassana Long-Course Centre in UK. Business executives, government officials and other professionals have an exceptional opportunity to take this specially designed 10-day residential Vipassana meditation course. Vipassana is a practical non-sectarian, non-commercial meditation technique that can provide executives with enhanced skills to manage themselves and others.

For upcoming dates and more information visit www.padhana.dhamma.org